

Celestial mechanics in Kerr spacetime

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CQG **31** (2014) 097001, arXiv:1311.3836 [gr-qc]
PRL **113** (2014) 161101, arXiv:1404.6133 [gr-qc]
CQG **34** (2017) 134001, arXiv:1612.02504 [gr-qc]

Outline

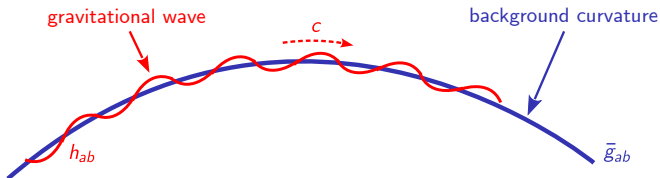
- ① Gravitational waves
- ② EMRIs and the gravitational self-force
- ③ Geodesic motion in Kerr spacetime
- ④ Beyond the geodesic approximation
- ⑤ Innermost stable circular orbits

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What is a gravitational wave ?

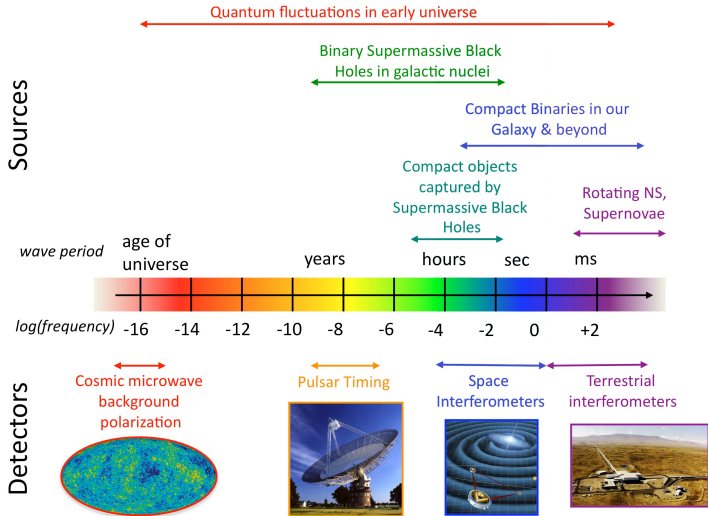
A **gravitational wave** is a tiny ripple in the **curvature of spacetime** that propagates at the vacuum speed of light



$$\square h_{ab} + 2\bar{R}_{abcd}h^{cd} = -16\pi T_{ab}$$

Key prediction of Einstein's general theory of relativity

The gravitational-wave spectrum



Gravitational-wave science

Fundamental physics

- Strong-field tests of GR
- Black hole no-hair theorem
- Cosmic censorship conjecture
- Dark energy equation of state
- Alternatives to general relativity

Astrophysics

- Formation and evolution of compact binaries
- Origin and mechanisms of γ -ray bursts
- Internal structure of neutron stars

Cosmology

- Cosmography and measure of Hubble's constant
- Origin and growth of supermassive black holes
- Phase transitions during primordial Universe

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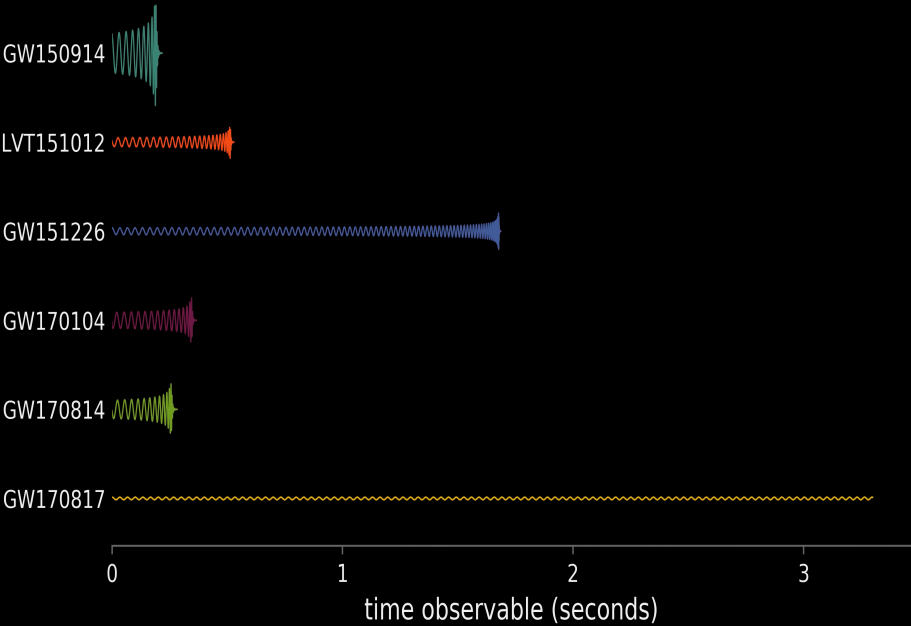
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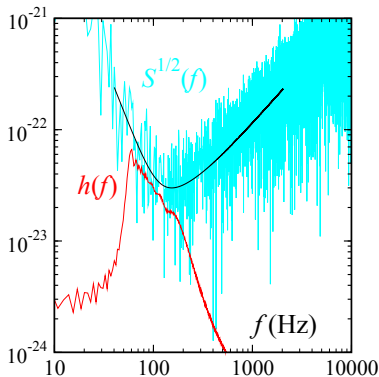
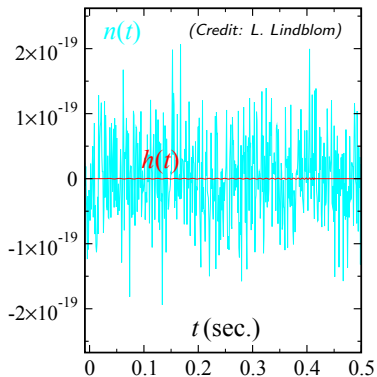
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Ground-based interferometric detectors



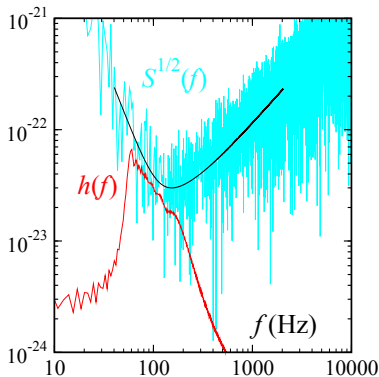
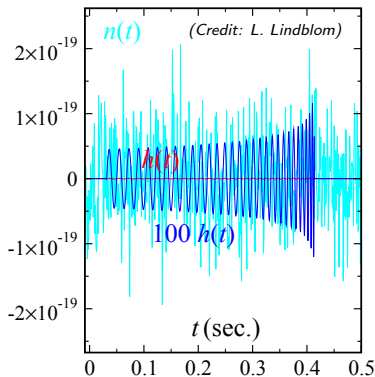


Need for accurate template waveforms



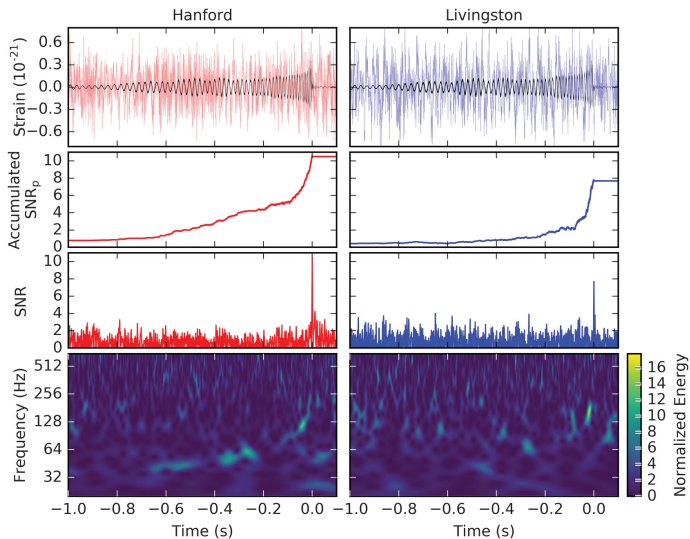
If the expected signal is *known in advance* then $n(t)$ can be filtered and $h(t)$ recovered by **matched filtering** → **template waveforms**

Need for accurate template waveforms



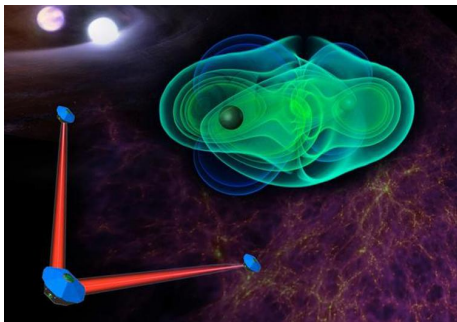
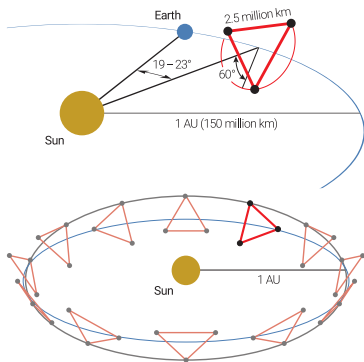
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A recent example: the event GW151226



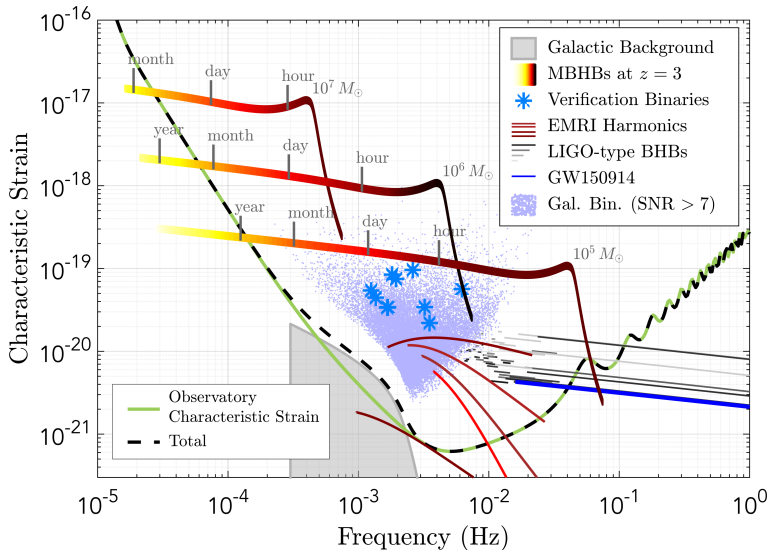
[PRL 116 (2016) 241103]

LISA: a gravitational antenna in space



The *LISA mission* proposal was accepted by ESA in 2017 for L3 slot, with a launch planned for 2034 [<http://www.lisamission.org>]

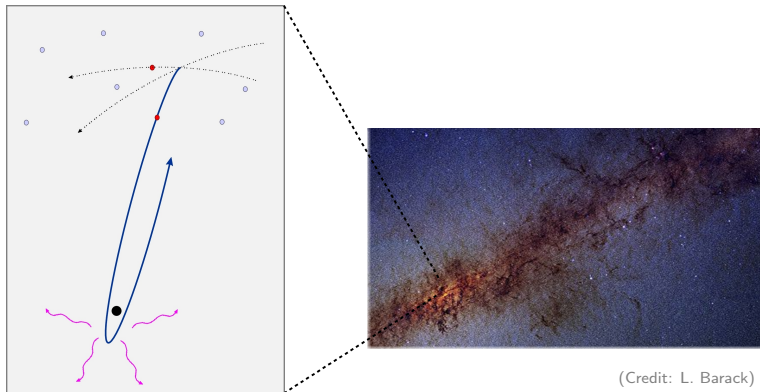
LISA sources of gravitational waves



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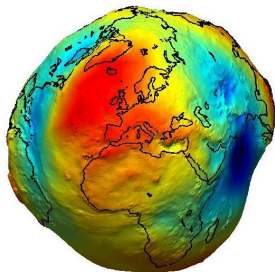
Extreme mass ratio inspirals



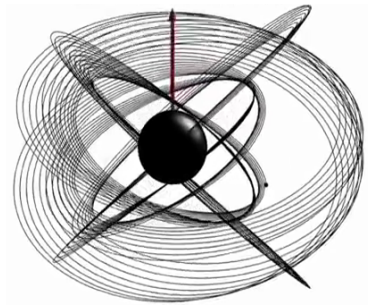
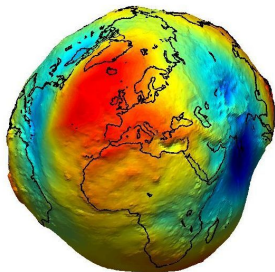
(Credit: L. Barack)

- **LISA** sensitive to $M_{\text{BH}} \sim 10^5 - 10^7 M_{\odot} \rightarrow q \sim 10^{-7} - 10^{-4}$
- $T_{\text{orb}} \propto M_{\text{BH}} \sim \text{hr}$ and $T_{\text{insp}} \propto M_{\text{BH}}/q \sim \text{yrs}$

Geodesy

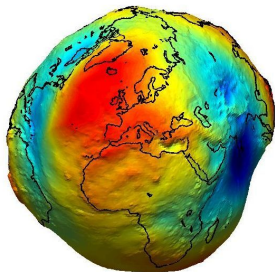


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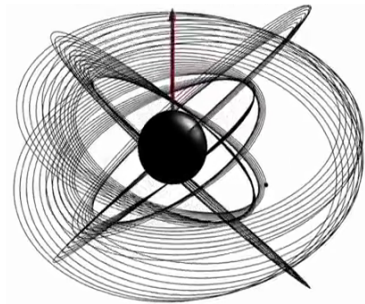


(Credit: S. Drasco)

Geodesy

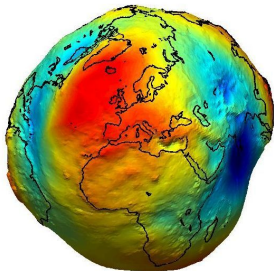


Botriomeladesy

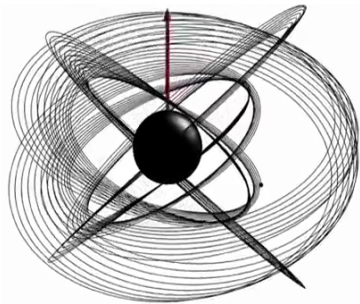


(Credit: S. Drasco)

Geodesy



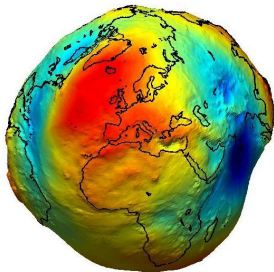
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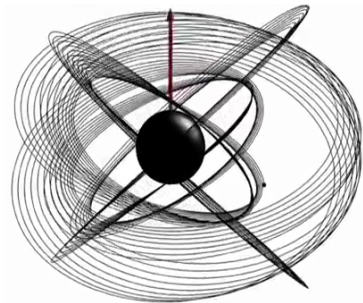
Test of the black hole no-hair theorem

Geodesy



M_ℓ arbitrary

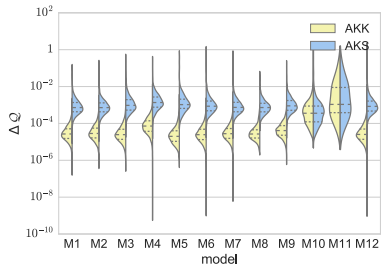
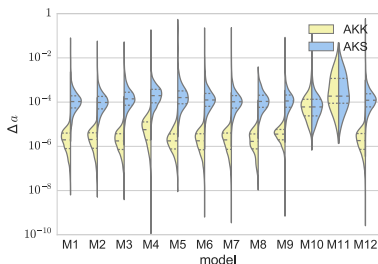
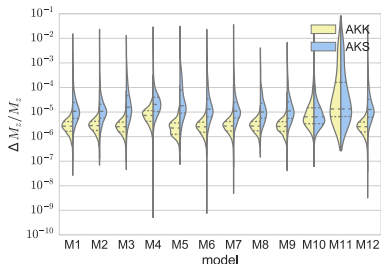
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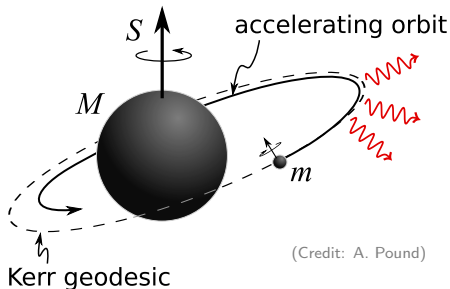
$$M_\ell + iS_\ell = M(ia)^\ell$$

Testing the black hole no-hair theorem



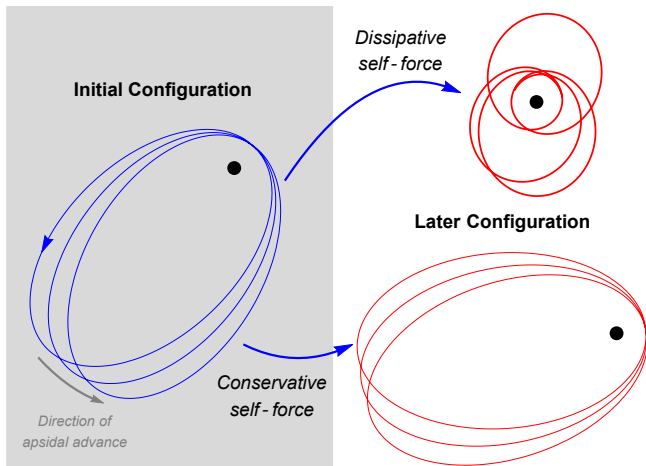
$$Q = -S^2/M$$

Gravitational self-force



- Dissipative component \longleftrightarrow **gravitational waves**
- Conservative component \longleftrightarrow some secular effects

Gravitational self-force

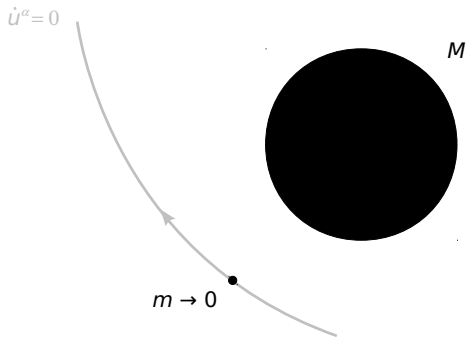


(Credit: Osburn *et al.* 2016)

Gravitational self-force

Spacetime metric

$$\mathfrak{g}_{\alpha\beta} = \mathfrak{g}_{\alpha\beta}$$



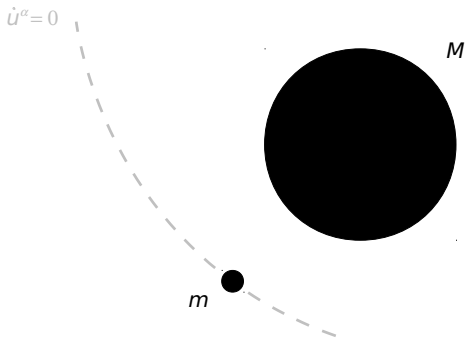
Gravitational self-force

Spacetime metric

$$\bar{g}_{\alpha\beta} = g_{\alpha\beta}$$

Small parameter

$$q \equiv \frac{m}{M} \ll 1$$



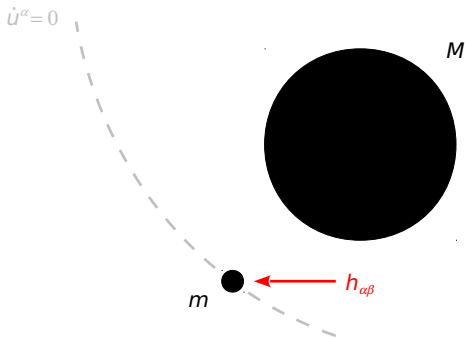
Gravitational self-force

Spacetime metric

$$\mathfrak{g}_{\alpha\beta} = \mathfrak{g}_{\alpha\beta} + h_{\alpha\beta}$$

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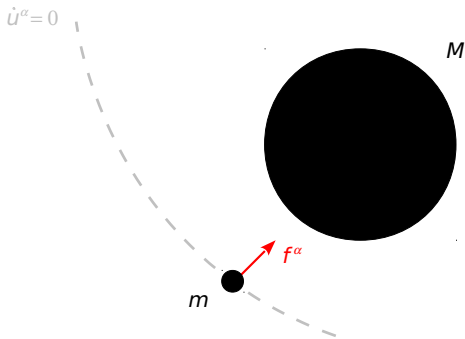
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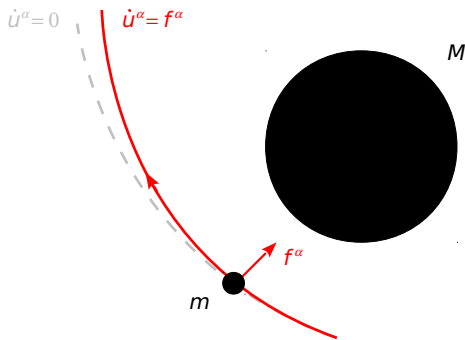
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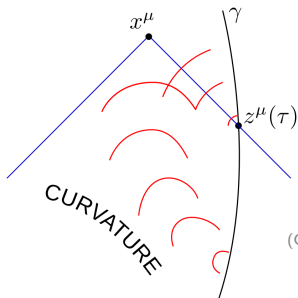
$$\dot{u}^\alpha \equiv u^\beta \nabla_\beta u^\alpha = f^\alpha[h]$$



Equation of motion

Metric perturbation

$$h_{\alpha\beta} = h_{\alpha\beta}^{\text{direct}} + h_{\alpha\beta}^{\text{tail}}$$

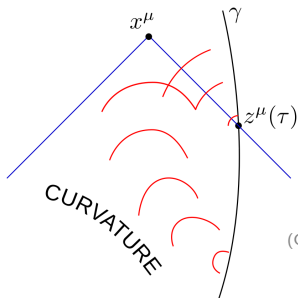


(Credit: A. Pound)

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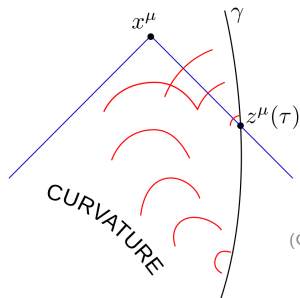
MiSaTaQuWa equation

$$\dot{u}^\alpha = \underbrace{(g^{\alpha\beta} + u^\alpha u^\beta)}_{\text{projector } \perp u^\alpha} \underbrace{\left(\frac{1}{2} \nabla_\beta h_{\lambda\sigma}^{\text{tail}} - \nabla_\lambda h_{\beta\sigma}^{\text{tail}} \right) u^\lambda u^\sigma}_{\text{"force"}}$$

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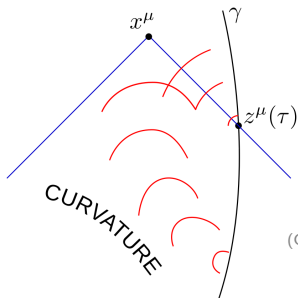
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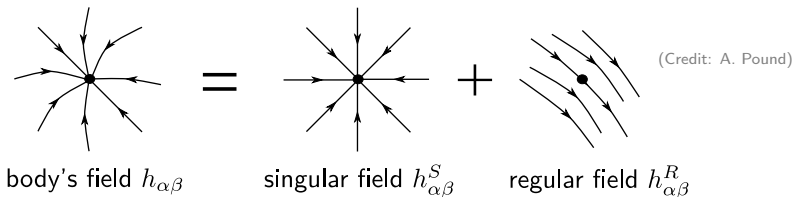
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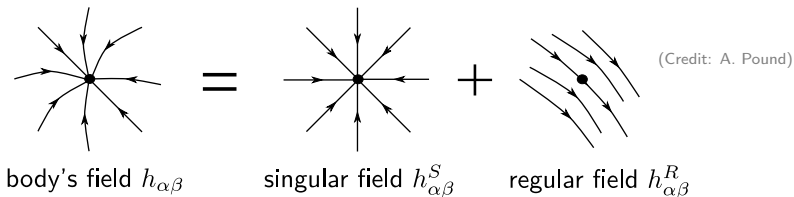
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Beware: the self-force is *gauge-dependant*

Generalized equivalence principle



Generalized equivalence principle



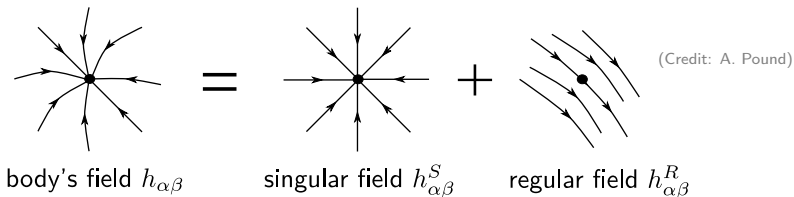
singular/self field

$$h^S \sim m/r$$

$$\square h^S \sim -16\pi T$$

$$f^\alpha[h^S] = 0$$

Generalized equivalence principle



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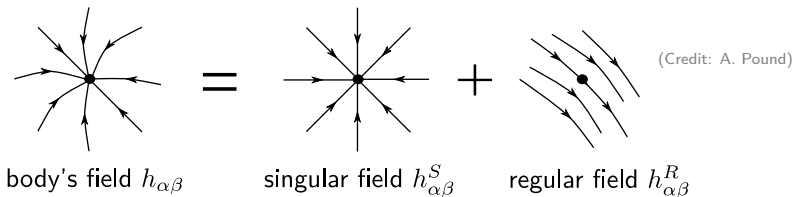
regular/residual field

$$h^R \sim h^{\text{tail}} + \text{local terms}$$

$$\square h^R \sim 0$$

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self-acc. motion in $g_{\alpha\beta} \iff$ **geodesic motion** in $g_{\alpha\beta} + h_{\alpha\beta}^R$

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Hamiltonian formulation

Canonical Hamiltonian

$$H(x, u) = \frac{1}{2} g^{\alpha\beta}(x) u_\alpha u_\beta$$

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$$\dot{x}^\alpha = \frac{\partial H}{\partial u_\alpha}, \quad \dot{u}_\alpha = -\frac{\partial H}{\partial x^\alpha}$$

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Hamiltonian formulation

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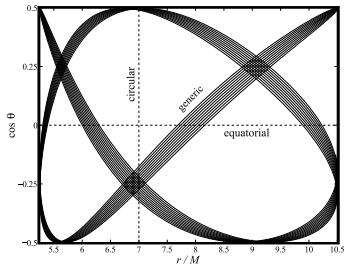
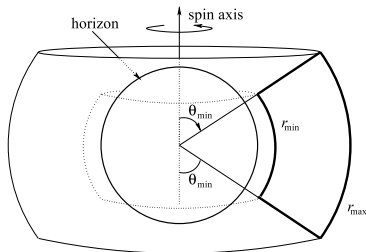
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Generalized action-angle variables

[Carter, PRD 1968; Schmidt, CQG 2002]

- The Hamilton-Jacobi equation is *completely separable*

Generalized action-angle variables

[Carter, PRD 1968; Schmidt, CQG 2002]

- The Hamilton-Jacobi equation is *completely separable*
- Canonical transfo. to *coordinate-invariant* action-angle variables (w^α, J_α) , with $w^i + 2\pi \equiv w^i$ and

$$J_t = \frac{1}{2\pi} \int_0^{2\pi} u_t dt = -E, \quad J_r = \frac{1}{2\pi} \oint u_r(r) dr$$
$$J_\phi = \frac{1}{2\pi} \oint u_\phi d\phi = L, \quad J_\theta = \frac{1}{2\pi} \oint u_\theta(\theta) d\theta$$

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- Hamilton's canonical equations of motion for $H(J)$:

$$\dot{w}^\alpha = \left(\frac{\partial H}{\partial J_\alpha} \right)_w \equiv \omega^\alpha, \quad \dot{J}_\alpha = - \left(\frac{\partial H}{\partial w^\alpha} \right)_J = 0$$

Hamiltonian first law of mechanics

[Le Tiec, CQG 2014]

- Varying $H(J)$ and using Hamilton's equations, as well as the on-shell constraint $H = -\frac{1}{2}$, yields the variational formula

$$\delta H = \omega^\alpha \delta J_\alpha = 0$$

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- Using non-specific variables $\mathcal{J}_\alpha \equiv m J_\alpha$ and the fundamental t -frequencies $\Omega^\alpha \equiv \omega^\alpha / \omega^t \equiv z \omega^\alpha$, this gives

$$\delta \mathcal{E} = \Omega^\varphi \delta \mathcal{L} + \Omega^r \delta \mathcal{J}_r + \Omega^\theta \delta \mathcal{J}_\theta + z \delta m$$

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- We consider only the *conservative piece* of the self-force:

$$h_{\alpha\beta}^R = \frac{1}{2} (h_{\alpha\beta}^{\text{ret}} + h_{\alpha\beta}^{\text{adv}}) - h_{\alpha\beta}^S$$

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- The geodesic motion of a *self-gravitating mass* m in the metric $g_{\alpha\beta}(x) + h_{\alpha\beta}^R(x; \gamma)$ derives from the **Hamiltonian**

$$H(x, u; \gamma) = \underbrace{H_{(0)}(x, u)}_{\frac{1}{2}g^{\alpha\beta}(x)u_\alpha u_\beta} + \underbrace{H_{(1)}(x, u; \gamma)}_{-\frac{1}{2}h_R^{\alpha\beta}(x; \gamma)u_\alpha u_\beta}$$

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Hamiltonian formulation

- We consider only the *conservative piece* of the self-force:

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- Hamilton's canonical equations of motion for $H(w, J; \gamma)$:

$$\dot{w}^\alpha = \left(\frac{\partial H}{\partial J_\alpha} \right)_w \equiv \omega^\alpha, \quad \dot{J}_\alpha = - \left(\frac{\partial H}{\partial w^\alpha} \right)_J \neq 0$$

No secular change in the actions

- For any function f of the canonical variables (x, u) we define the long (proper) time average

$$\langle f \rangle \equiv \lim_{T \rightarrow \infty} \frac{1}{2T} \int_{-T}^T f(x(\tau), u(\tau)) d\tau$$

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Gauge transformations

- A gauge transformation $x^\alpha \rightarrow x^\alpha + \xi^\alpha$ induces a **canonical transformation** with generator $\Xi(x, u) = u_\alpha \xi^\alpha(x)$ such that

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- Despite that, we have the *gauge-invariant* identity:

$$\dot{w}^\alpha J_\alpha = \omega^\alpha J_\alpha = -1$$

Gauge-invariant information

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- The relationship between the average redshift $z \equiv 1 / \langle \omega^t \rangle$ and the average t -frequencies $(\Omega^r, \Omega^{\theta}, \Omega^{\phi})$ is gauge-invariant

A special gauge choice

- The gauge freedom allows us to choose a gauge such that

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- These gauge conditions can indeed be imposed *consistently*

An effective Hamiltonian

- In this particular gauge, Hamilton's equations of motion take the remarkably simple form

$$\dot{w}^\alpha = \omega^\alpha = \omega_{(0)}^\alpha(J) + \frac{1}{2} \frac{\partial H_{\text{int}}}{\partial J_\alpha}, \quad \dot{J}_\alpha = 0$$

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- Despite the freedom to change the constant actions J_α by a gauge transformation, this effective Hamiltonian is *unique*

First law of mechanics

- Using the effective Hamiltonian $\mathcal{H}(J)$, the test-mass *first law of mechanics* can be extended to relative $\mathcal{O}(q)$:

$$\delta\tilde{\mathcal{E}} = \Omega^\varphi \delta\tilde{\mathcal{L}} + \Omega^r \delta\tilde{\mathcal{J}}_r + \Omega^\theta \delta\tilde{\mathcal{J}}_\theta + z \delta m$$

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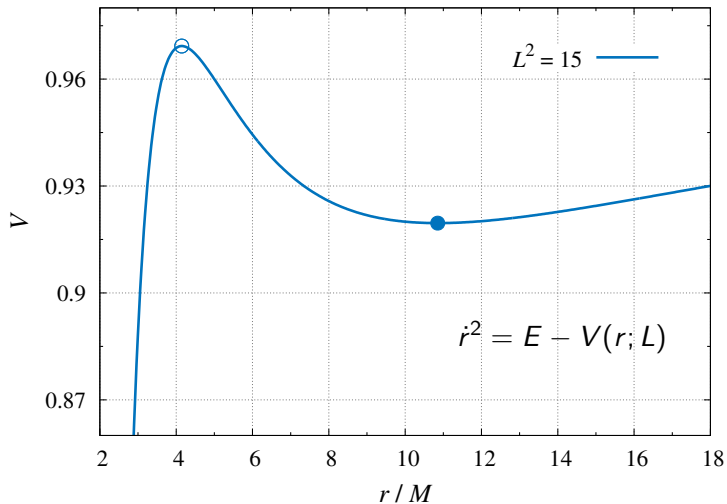
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- The actions $\tilde{\mathcal{J}}_\alpha$ and the average redshift z , as functions of $(\Omega^r, \Omega^\theta, \Omega^\phi)$, include **conservative self-force** corrections from the *gauge-invariant* interaction Hamiltonian H_{int}

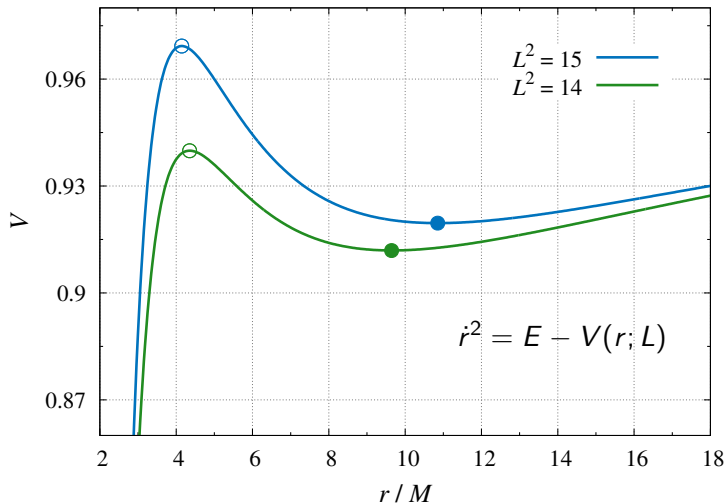
Outline

- ① Gravitational waves
- ② EMRIs and the gravitational self-force
- ③ Geodesic motion in Kerr spacetime
- ④ Beyond the geodesic approximation
- ⑤ Innermost stable circular orbits**

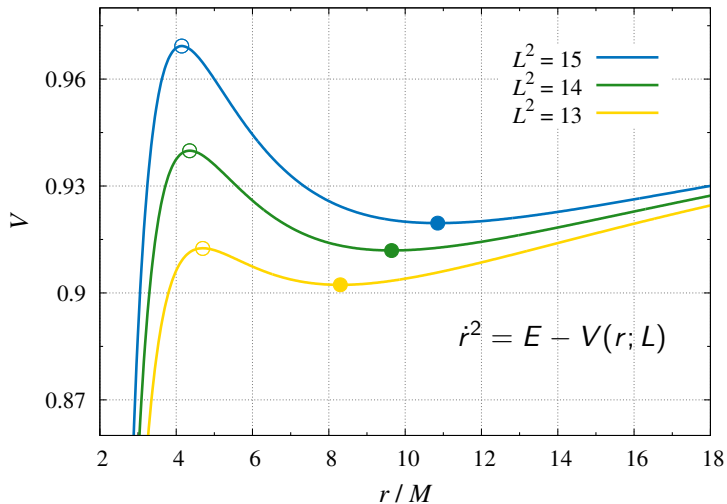
Innermost stable circular orbit (ISCO)



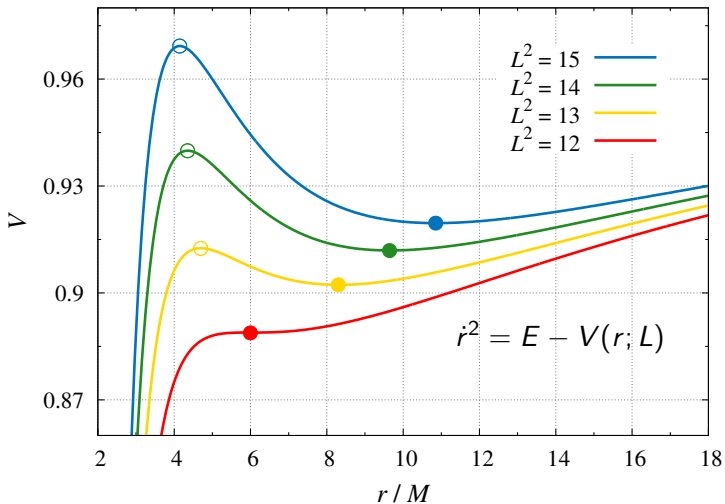
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- The **innermost stable** circular orbit is identified by a vanishing restoring radial force under small- e perturbations:

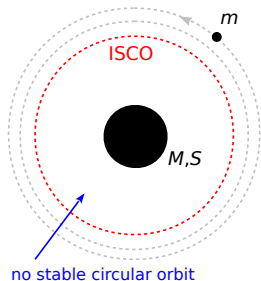
$$\frac{\partial^2 H}{\partial r^2} = 0 \quad \longrightarrow \quad \Omega_{\text{isco}}$$

- The **minimum energy** circular orbit is the most bound orbit along a sequence of circular orbits:

$$\frac{\partial E}{\partial \Omega} = 0 \quad \longrightarrow \quad \Omega_{\text{meco}}$$

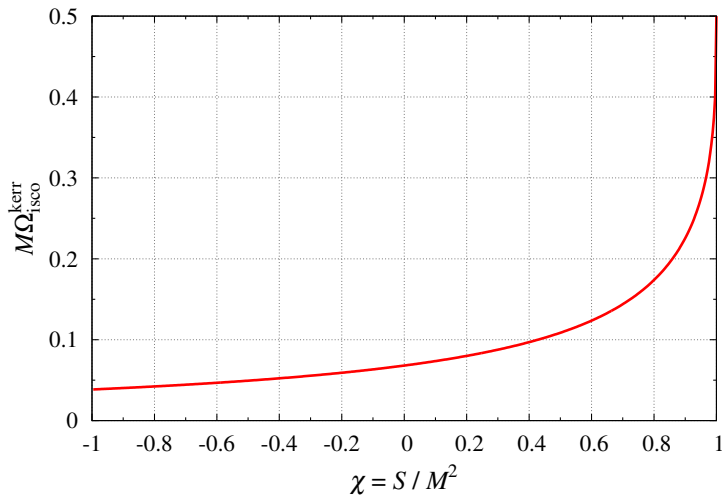
- For Hamiltonian systems, it can be shown that

$$\Omega_{\text{isco}} = \Omega_{\text{meco}}$$



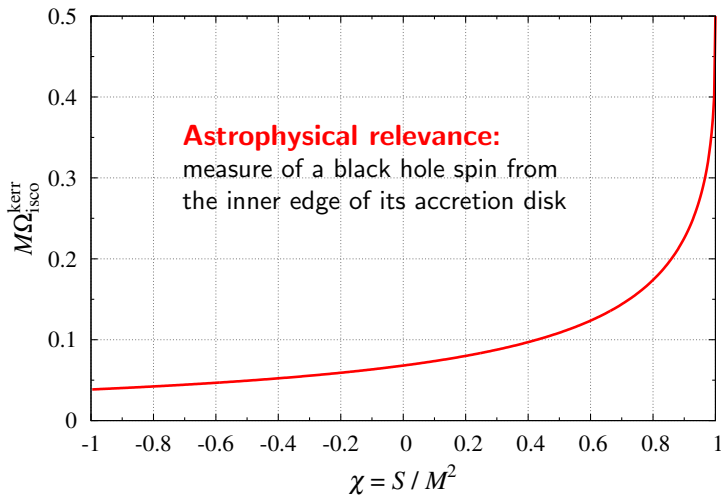
Kerr ISCO frequency vs black hole spin

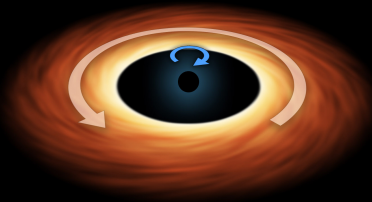
[Bardeen *et al.*, ApJ 1972]



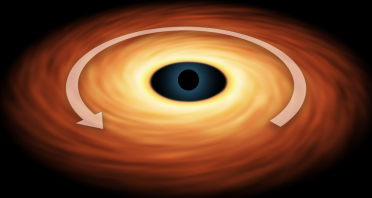
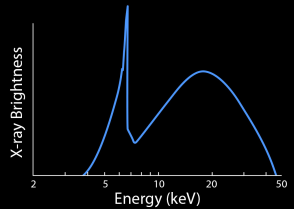
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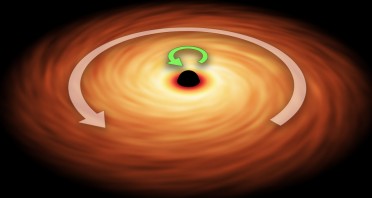
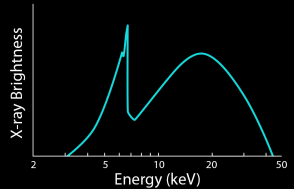




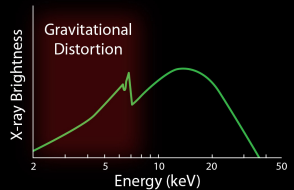
Retrograde
Rotation



No Black Hole
Rotation

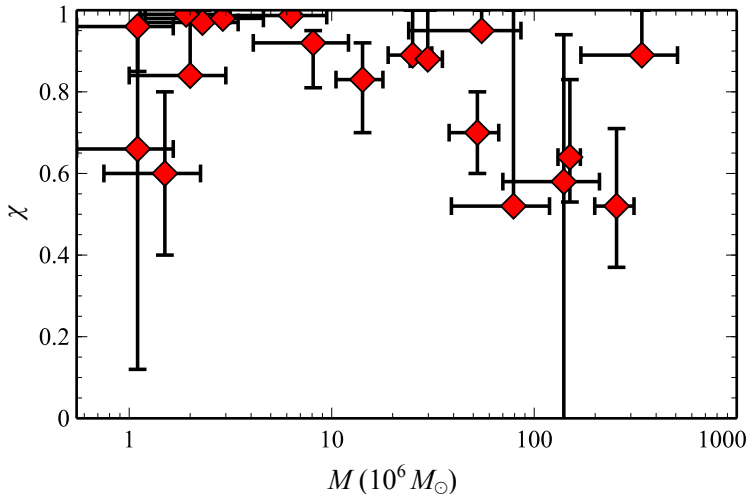


Prograde
Rotation



Spins of supermassive black holes

[Reynolds, CQG 2013]



Frequency shift of the Kerr ISCO

[Isoyama *et al.*, PRL 2014]

- The orbital frequency of the Kerr ISCO is shifted under the effect of the **conservative self-force**:

$$(M + m)\Omega_{\text{isco}} = \underbrace{M\Omega_{\text{isco}}^{(0)}(\chi)}_{\text{test mass result}} \left\{ 1 + \underbrace{q C_{\Omega}(\chi)}_{\text{self-force correction}} + \mathcal{O}(q^2) \right\}$$

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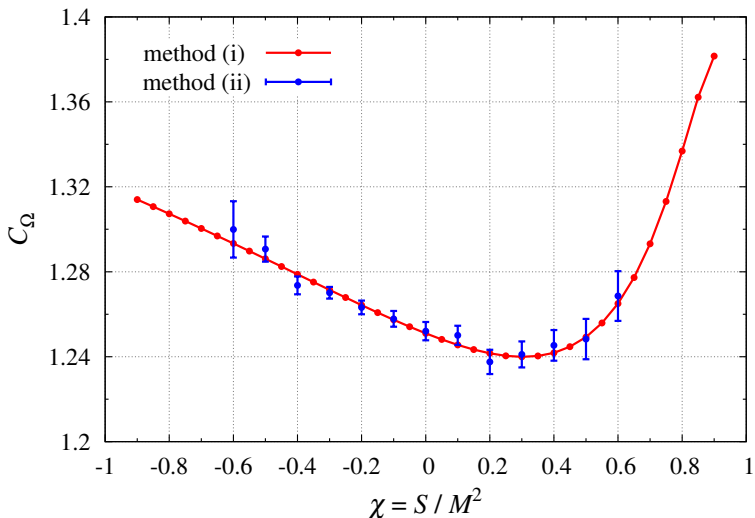
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- The frequency shift can be computed from a **stability analysis** of slightly eccentric orbits near the Kerr ISCO
- Combining the **Hamiltonian first law** with the MECO condition $\partial E / \partial \Omega = 0$ yields the same result:

$$C_{\Omega} = \frac{1}{2} \frac{z''_{(1)}(\Omega_{\text{isco}}^{(0)})}{E''_{(0)}(\Omega_{\text{isco}}^{(0)})}$$

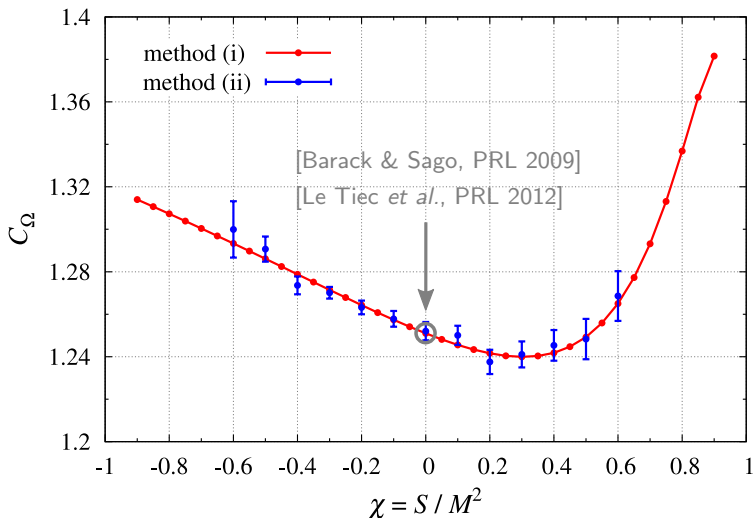
ISCO frequency shift vs black hole spin

[Isoyama *et al.*, PRL 2014]



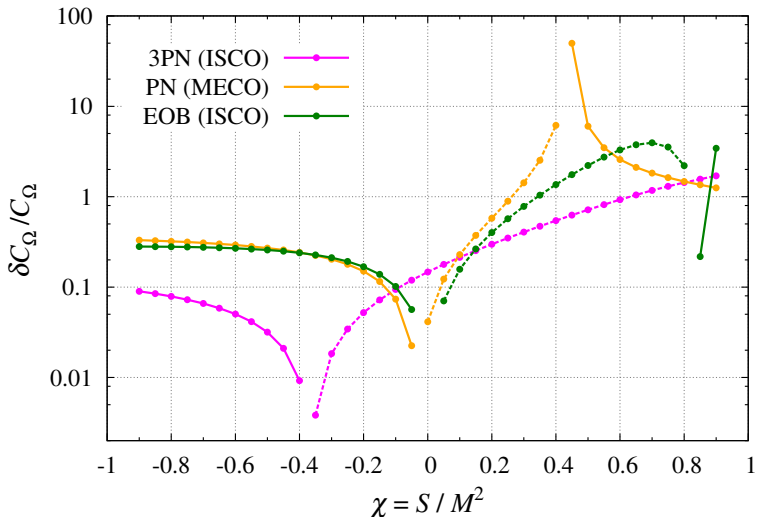
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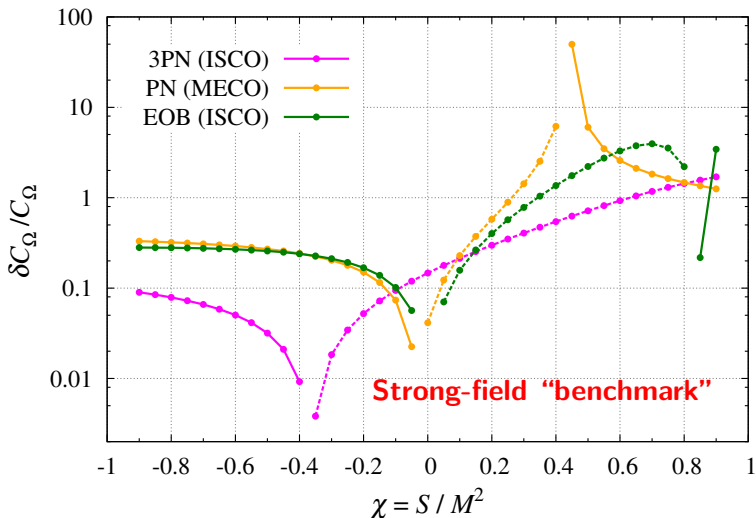
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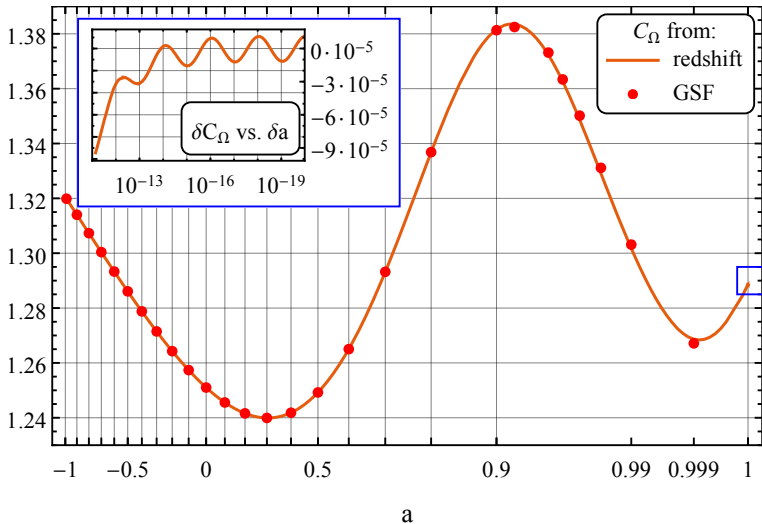
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[van de Meent, PRL 2017]



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